



Lottelife Intuitive Practitioner & Training Program in the healing arts - Information Pack

Introduction:

Congratulations for taking the time to find out more about the ***Lottelife Intuitive Practitioner & Training Program in the healing arts; Intuitive Sciences and Metaphysical Development.***

This program will enable you to make healthy changes in your life and/or your career.

The material contained here will provide more information about the program content, what you will learn and study, as well as the practical components of attendance, cost, time to complete and other necessary information.

By completing the *Lottelife Intuitive Sciences and Metaphysical Development Program* you will become a certified IICT practitioner and attain a level of competency that will allow you to enter the intuitive practitioner workforce in the healing arts.

You will also gain access to:

- Training in Healing Arts through the human energy field and how to conduct an Intuitive Psychic Reading (can be both optional as depending on your option /choice of practice)
- Membership with the IICT
- Eligibility for personal business insurance cover
- How to set up your own private practice

The ***Lottelife Intuitive Sciences and Metaphysical Development Practitioner Training Program*** is a journey of self-discovery and healing that also teaches you how to support others with their healing and journey towards wholeness.

The program includes seminars, hands-on practice and access to some experimental work. Facilitator Lotte Schultz tailors her techniques, skills and course structure for each group of participants, according to her intuition as to what most benefit the students.

Who can do this course?

- Anyone who wants to learn more about self awareness, the healing arts, how to create balance from within and how to get in touch with, and trust, their own intuition/inner healer. Being accountable for one's own choices and way of being in the world.
- Those who want to learn the skills to become practitioners in healing/balancing through the human energy field and the healing arts.
- Those who want to learn the techniques and skills to apply and use their own psychic and intuitive ability to be able to conduct a psychic/intuitive reading.



- Those wanting to train to become practitioners, or to gain skills and knowledge to add to an existing practice.

What are the prerequisites for this course?

You will need personal commitment and accountability to your own self-discovery and healing process and the desire to support others.

Course structure:

*** Please note in 2018 all modules will be combined and offered over an 18 months period**

Module 1: Personal and Intuitive Development Seminar Program. Six (6) hours once a month for 11 months.

Modules 2 & 3:

- Eleven (11) full day, seven-hour workshops, with seminars and learning techniques.
- 10 supervised sessions in the *Lottelife* practice (this will take place in the seminars)
- 10 swaps with fellow students
- Two (2) day seminar: Inner Child/Resourceful Adult and Soul Retrieval
- Three (3) individual sessions with Lotte
- At least one group session with Holotropic Breathwork is recommended; one as a sitter and one as a breather (Both are included in one day breathwork seminars)
- * More individual sessions may be advisable in order to reach the competence of practitioner level: to hold the space for others. Lotte will recommend and support according to each individuals personal journey and readiness.

*** Please note in 2018 all modules will be combined and offered over an 18 months period**

Details for Module 1:

Each session costs \$180 and is payable prior to/or on the day. Fee includes workbook and materials, morning/afternoon tea, and extra support and mentoring as agreed. Make-up session can be arranged if you are unable to attend a class.

Workshop (dates TBA) 2017:



Modules 2 & 3:

Saturday Seminar days (10am 5pm): \$220 practitioner & Leadership training program

Saturday & Sunday workshop dates are 10am to 6 pm.

February 18th: The many gifts of the wounded healer

March 18th: Beliefs, values and intention setting Boundaries setting & practicing skills

April 8th: Awakening to and trusting your own inner guidance.

May 13th: Owing our own shadow: Shamanic journeying to find the healer within.

June 24th: Integrity and ethics - working as a practitioner.

July 29th:

August 19th: Setting up a practice; attracting the clients you are able to support.

September 16th: Seminar and practicing skills

October 14th: Seminar and practicing skills

November 11th:

December:9th

TBA 2017: Weekend workshop: Inner child/Resourceful adult & Soul Retrieval

Includes Two day Seminar includes:

Processes, guided meditation, work book, skills and healing processes on our

Inner child/resourceful adult and how to hold space for a

Soul retrieval, morning and afternoon tea and shared lunch.

Prerequisites and requirements:

- Students are to complete ten (10) session 'swaps' with fellow students, prior to the completion of the course;
- Students are to undergo 10 supervised sessions (In seminars) where they must demonstrate both the techniques learned and their professional competence.
- Students are required 3 individual sessions with Lotte
- At least one group session with Breathwork is recommended; one as a sitter and one as a breather.
- * More individual sessions may be advisable to reach the competence of practitioner level; to hold the space for others. Lotte will recommend and support according to each individuals personal journey and readiness.
- Students are required to complete all three (3) modules;

Optional/Recommended:

It is recommended that, following the completion of the Lottelife training program, students participate in ongoing and further education to support their own personal growth and professional practice.

It is recommended that students create a network with peers and colleagues. Students are encouraged to explore other modalities that will accommodate and complement their practice.

It is recommended that students seek ongoing support and supervision after completion of the course and that they read widely and continue to learn and study.

A recommended reading and research list will be distributed.

Course structure:

Module 1: Six (6) hours once a month.

Modules 2 & 3:

- Two (2) day non-residential/ retreat and workshop.
 - Three (3) individual sessions with Lotte
 - Eleven (11) full day, seven-hour workshops, with seminars.
- 10 supervised sessions in the *Lottelife* practice.
- At least one group session with Holotorpic Breathwork; one as a sitter and one as a breather is recommend.

Summary of Training:

Module 1: (10am-4 pm) once a month

Content includes:

- Intuitive Science and Spiritual metaphysics; chakra consciousness and how to live with balance in life; energy - what it is and how to make it work for you and the clients you will be supporting. The human energy field is a bio-electromagnetic field that surrounds and interpenetrates the human body. This field holds information about every aspect of your physical, emotional, mental and spiritual being.

Conduct an energy balance session and start to form network and partnerships.

The seven chakras:

First chakra: The base chakra; our foundation – self awareness.

Second chakra: The sacral/spleen chakra. Balanced vitality.

Third chakra: The solar plexus – our power center, ability and choice.

Fourth chakra: The heart chakra. The most important relationship - relationship with self.

Fifth chakra: The throat chakra - communication and expression.

Sixth chakra: The 3rd eye – self-image and beliefs; our inner vision; how to conduct a psychic reading.

Seventh chakra: The crown chakra – your soul’s purpose; connecting to your soul’s knowing; energy balance.

Module 2 - Advanced level:

- Attend 11 full-day workshops (10am – 5pm)
- Seminar and lectures.
- Beliefs, values and intention setting.
- Integrity and ethics - working as a practitioner.
- Owning our own shadow: Shamanic journeying to find the healer within...
- Awakening to and trusting your own inner healer.
- Practicing skills
- Setting up a practice; attracting the clients you are able to support.
- Attend Weekend Inner retreat/workshop as a participant.
- Attend Lottelife Breathwork group: One as a sitter and one as a breather

Module 3 : Practical

- Student to complete 10 individual sessions ‘swaps’ with fellow students.
- Students are required to do a total of 10 supervised, energy balancing and or/reading sessions with a client to demonstrate competency.
- Students gain confidence and experience as a practitioner. Study of energy and how it flows and works in the body.
- Developing practitioner skills - practice and advice.

Summary of Assessment Criteria:

Full attendance and participation in Modules 1, 2 and 3. This includes completion of all homework, plus participation in class discussions, role-plays and completion of in-class written exercises.

Completion of one written assignment of 500 words, (or agreed alternative) and completed homework component for each class in module one and two.

Practical:



Demonstrate ability to provide an energy- healing/balance: Healing through the human energy field and psychic intuitive reading with a client, including the key methods and processes learned in Lottelife Training.

Demonstrate each of the following abilities:

- Describe and explain the aura and chakra systems.
- Show suitable and individually tailored methods to discover what is affecting your client and support them as needed in a safe manner.
- Describe how this is creating energetic blocks within the client's own energy system and demonstrate how you would assist the client to make healthy changes.
- Demonstrate knowledge of transference and what to do if this occurs with a client.
- Demonstrate knowledge of healthy boundaries between you and clients, maintaining appropriate interactions for each person at all times.
- Demonstrate the ability to maintain objectivity and take responsibility to ensure individual, personal issues are not passed on to the client.
- Demonstrate the importance of on-going training and self-care, including the commitment to a spiritual daily practice
- Demonstrate insight into own behaviours and abilities during the de-briefing sessions within the class. This will include a time of self-reflection, an opportunity to discuss what you have learned through the experience and also receive feedback and support.
- Demonstrate how to set up a practice room, creating a space that is physically safe and comfortable for both yourself and the client, and one in which the client will feel supported.
- Completion of required readings and participation during in-class discussions and assessment exercises to apply the knowledge appropriately.



- Oral presentation: "Holding the space – Myself as a practitioner."
Demonstrate the methods, processes and skills learned during the course; include self reflection and personal values discovered; describe how you would 'hold the space' (i.e. create a safe emotional and physical space in which you, as the practitioner, are the facilitator for the client's healing) to conduct an energy balance and/or reading for an individual client.

✚ *The above requirements must be successfully completed to be granted a Certificate of Practitioner training under the Lottelife program.*

Fee Policy:

A \$50 class deposit is to be paid at the time of registration. Payments per class/seminar are to be paid prior to the class or workshop.

Lottelife offers a flexible payment option to be negotiated with students. If you would like to make payments on a fortnightly or monthly basis, please call Lotte to discuss prior to registration.

Refund Policy:

All fees are refundable in the event that you cancel your registration in the class/seminar/workshop within two (2) weeks of the starting date, less deposit.

Cancellation or withdrawal from individual sessions or workshops within 24 hours or less of the starting time will incur a 50% payment charge.

In unforeseen circumstances please contact Lotte to discuss your cancellation.

Fee/deposit payment:

Direct deposit of fees can be made to:

Commonwealth Bank account name: Lotte Schultz

BSB No: 062-668

Account No: 1018-3062

PayPal which enables a safe Credit card facility is available on the website. Please note this option incur an additional %2.5 processing charge.

Certification of Completion and Accreditation:

On successful completion of the Lottelife Training Course in Intuitive Sciences and Metaphysical Development, students will receive a **Certificate of Completion**. Certified students will then be eligible for accreditation with the International Institute for Complementary Therapists (IICT).



Registration:

Please fill out the form below and return to Lotte Schultz via email **lotte@lottelife** or to the postal address: **10 Kildare Street, Bensville. NSW 2251**
For further information, please contact Lotte on (02) 4363 2426.

Registration form – Lottelife Practitioner & Leadership Training in the healing arts: Intuitive Sciences and Metaphysical Practitioner Training Program 2017

* This form is confidential

I am delighted if you feel this journey of self discovery is for you. Please fill in the form below and I will get back to soon so we can discuss your application.

Warmly Lotte

Name: _____

Address: _____

Phone contact: _____

Email: _____

Birth date: _____



Emergency contact name & mobile: _____

Do you already have an existence practice and if so in what modality?

What is your job now or situation in regarding to working with people?

Do you have a support network? If so what kind of network? Professional, friends, counseling etc....

How did you hear about the Lottelife Practitioner Training course?

What do you hope to gain from the training Course?

Have you completed any prior study or sessions with Lottelife?

[Please detail date and duration]



Do you take any medication? [If yes, please provide details]_____

Do you have a previous or existing mental health condition?

[If yes, what support/assistance was recommended and are you receiving? Please note it can be most helpful if you have had your own journey and experience with the transpersonal]

Do you suffer from food or other allergies? Yes/No

[If yes, please provide details]_____

Health status: Excellent/ Good/ Fair/ Unhealthy

Please advise if you are, or may be, pregnant: _____

Do you regularly use drugs or consume large amounts of alcohol?

Is there anything else about your physical or emotional situation that I should be aware of?



Fee Policy:

A \$50 class deposit is to be paid at the time of registration. Payments per class/seminar are to be paid prior to class or workshop. Lottelife has a flexible payment option to be negotiated with students. Payments may be made on a fortnightly or monthly basis. Special early bird discounts will be offered for the retreat and live-in workshops* Please discuss payment needs with Lotte Schultz prior to registration.

Liability clause: [Please read and sign]

I accept that Lotte Schultz and Lottelife Inc. are not liable for any personal injuries sustained by participants during the practitioner-training program.

I accept that Lotte Schultz [the owner of the residence at which the seminars and classes are held] is not liable for any injury to self or others, or damage to personal property sustained at the residence, nor loss of personal property belonging to participants of the Lottelife program.

I acknowledge that it is my duty to exercise care for the protection of others and myself while attending activities and seminars as part of the Lottelife Practitioner Training program.

I assume the risk of my own physical condition and I take complete responsibility for my health.

I hereby confirm that I have read and fully understand the terms of this Limitation of Liability and Assumption of Risk agreement and sign it freely and voluntarily without inducement.

Signed:

Date: